

OCTOBER | 2019

Primary & Van Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Breakfast: Waffle Juice-Fruit-Milk Lunch: Ham & Cheese on Bun Sliced Tomato-Lettuce TatorTots Blueberries Milk</p>	<p>1 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Tacos (2) Soft Shells Lettuce-Salsa-Cheese Refried Beans Juice Milk</p>	<p>2 Breakfast: UBR Juice-Fruit-Milk Lunch: Cheese Pizza Broccoli Cauliflower Baked Apples Milk</p>	<p>3 Breakfast: Cereal-Toast Juice-Fruit-Milk Lunch: Beef Stroganoff Normandy Blend Peaches Dinner Roll Milk</p>	<p>4 Breakfast: Ham & Cheese Croissant Juice-Fruit-Milk Lunch: Chicken Nuggets Carrots Winter Blend Fruit Dinner Roll Milk</p>
<p>7 Breakfast: Pancake Juice-Fruit-Milk Lunch: Chicken Nuggets Winter Blend Carrots Fruit Milk</p>	<p>8 Breakfast: Toast Juice-Fruit-Milk Lunch: Nacho Natural Refried Beans Lettuce-Salsa Juice Milk</p>	<p>9 Breakfast: Breakfast Pizza Juice-Fruit-Milk Lunch: Stuffed Breadsticks with Sauce Broccoli Cauliflower Pears Milk</p>	<p>10 Breakfast: Biscuit/Cheese Juice-Fruit-Milk Lunch: Salisbury Steak Mashed Potato & Gravy Pears Dinner Roll Milk</p>	<p>11 Breakfast: Cereal-Toast Juice-Fruit-Milk Lunch: Grilled Chicken on Bun Carrots Celery Juice Milk</p>
<p>14 Breakfast: French Toast Juice-Fruit-Milk Lunch: Hot Dog on Bun Baked Beans Baby Carrots Blueberries Milk</p>	<p>15 Breakfast: Toast Juice-Fruit-Milk Lunch: Beef Tacos (2) Soft Shells Lettuce-Salsa-Cheese Refried Beans Juice Milk</p>	<p>16 Breakfast: Yogurt-Graham Cracker Juice-Fruit-Milk Lunch: Pepperoni Pizza Broccoli Cauliflower Jell-O with Fruit Milk</p>	<p>17 Breakfast: English Muffin Juice-Fruit-Milk Lunch: Spaghetti Green Beans Peaches Milk</p>	<p>18 Breakfast: Cereal-Toast Juice-Fruit-Milk Lunch: BBQ on Bun Potato Item Sliced Cucumber Juice Milk</p>
<p>21 Breakfast: Flapstick Juice-Fruit-Milk Lunch: Cheeseburger on Bun Lettuce Tomato-Cucumber Strawberries Milk</p>	<p>22 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Fajitas (2) Soft Shells Sautéed Peppers-Salsa-Cheese Refried Beans Juice Milk</p>	<p>23 Breakfast: Ham & Cheese Croissant Juice-Hashbrown-Milk Lunch: Sausage Pizza Broccoli Cauliflower Pears Milk</p>	<p>24 Breakfast: Blueberry Muffin Juice-Fruit-Milk Lunch: Chicken Noodles Mashed Potato Vegetable Fruit Dinner Roll Milk</p>	<p>25 Fall Break</p>
<p>28 Fall Break</p>	<p>29 Breakfast: Toast Juice-Fruit-Milk Lunch: Quesadilla Refried Beans Corn Juice Milk</p>	<p>30 Breakfast: Breakfast Casserole Biscuit-Juice-Milk Lunch: Cheese Pizza Broccoli Cauliflower Fruit Cocktail Milk</p>	<p>31 Breakfast: Breakfast Pizza Juice-Fruit-Milk Lunch: Bat Wings Chili Jack-O Lanterns Corn Bread Goblin String Vegetable Vampire Juice Skeleton Dust Milk</p>	<p>1 Breakfast: Cereal-Toast Juice-Fruit-Milk Lunch: Ham With Scalloped Potato Winter Blend Baked Apples Dinner Roll</p>

News



Wake up to School Breakfast a healthy school breakfast is the perfect way for your child to start their day. Students who eat school breakfast attend on average 1.5 more days of school per year & score 17.5% higher on standardized math test.