



SEPTEMBER | 2017

Rensselaer Primary & Van Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Footlong Hot dog Carrot-Celery Juice Frito Corn Chips Milk
4 Labor Day No School	5 Breakfast: Toast Juice-Fresh Fruit-Milk Lunch: Burritos Refried Beans Corn Juice Milk	6 Breakfast: Graham Cracker & Yogurt Fruit-Fresh Fruit-Milk Lunch: Stuffed Breadsticks with Dipping Sauce Grape Tomato/Cucumber Salad Pears Milk	7 Breakfast: English Muffin Fruit-Fresh Fruit-Milk Lunch: Salisbury Steak Mashed Potatoes & Gravy Carrots Fruit Cocktail Dinner Roll Milk	8 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: B-B-Q Sandwich Broccoli & Cauliflower Juice Milk
11 Breakfast: Pancakes Blueberries-Fruit-Milk Lunch: Chicken Drumstick Carrots & Cucumber Applesauce Slice of Bread Milk	12 Breakfast: Toast Juice-Fruit-Milk Lunch: Nacho Naturals Refried Bread-Salsa Salad/Grape Tomato Juice Milk	13 Breakfast: Cinnamon Roll Fruit-Fresh Fruit-Milk Lunch: Pepperoni Pizza Broccoli Cauliflower Jell-O with Fruit Milk	14 Breakfast: Breakfast Pizza Fruit-Fresh fruit-Milk Lunch: Spaghetti Cheese Cup Green Beans Peaches Milk	15 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Ham & Cheese Sub Tator Tots Celery with Dip Juice Milk
18 Breakfast: Pancake Wrap Fruit -Fresh Fruit-Milk Lunch: Chef Salad Grape Tomato-Cucumber Baked Apple Breadstick Milk	19 Breakfast: Toast Juice-Fruit-Milk Lunch: Beef Tacos with Shells Salsa-Lettuce-Cheese Refried Beans Juice Milk	20 Breakfast: Frudel Fruit-Fresh Fruit- Milk Lunch: Homemade Pizza Broccoli Celery Pineapple Milk	21 Breakfast: Ham & Cheese Omelet with Biscuit Fruit-Fresh Fruit-Milk Lunch: Chicken Noodles Mashed Potato Capri Blend Vegetables Fruit Cocktail Milk	22 Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Corn Dog Baby Carrot Zucchini Juice Milk
25 Breakfast: Waffle Fruit-Fresh Fruit-Milk Lunch: Sub Sandwich Sliced Tomato & Lettuce Celery Peaches Rice Krispie Milk	26 Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Fajita with Shells Green Pepper & Onion Refried Beans Juice Milk	27 Breakfast: Cereal & Toast Fruit-Fresh Fruit-Milk Lunch: Cheese Pizza Broccoli-Carrots Jell-O with Fruit Milk	28 Breakfast: Blueberry Muffin Fruit-Fresh Fruit-Milk Lunch: Beef Strongoff Mushroom Green Beans Grapes Bunch Milk	29 Breakfast: Ham & Cheese Croissant Juice-Melon-Milk Lunch: Cheeseburger on Bun Sliced Tomato-Lettuce French Fries Juice Milk

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