


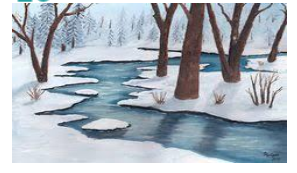










# DECEMBER | 2019

## Primary & Van Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Breakfast: Pancake Juice-Fruit-Milk Lunch: Hot Dog on Bun Baked Beans Vegetable Fruit Milk	<b>3</b> Breakfast: Toast Juice-Fruit-Milk Lunch: Beef Tacos (2) Soft Shells Refried Beans Vegetable Fruit Milk	<b>4</b> Breakfast: English Muffin Juice-Fruit-Milk Lunch: Sausage Pizza Broccoli Cauliflower Juice Milk	<b>5</b> Breakfast: UBR Juice-Fruit-Milk Lunch: Chicken Noodles Mashed Potato Normandy Blend Vegetable Fruit Cocktail Dinner Roll Milk	<b>6</b> Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Hot Ham & Cheese Sandwich Tomato Soup-Cracker Baby Carrots Juice Milk
<b>9</b> Breakfast: French Toast Juice-Fruit-Milk Lunch: Cheeseburger on Bun Potato Item Glazed Carrots Pears Milk	<b>10</b> Breakfast: Toast Juice-Fruit-Milk Lunch: Chicken Tacos (2) Soft Shells Refried Beans Lettuce -Cheese-Salsa Juice Milk	<b>11</b> Breakfast: Ham & Cheese Croissant Juice-Fruit-Milk Lunch: Pepperoni Pizza Broccoli-Mixed Squash Orange Wedges Milk	<b>12</b> Breakfast: Breakfast Pizza Juice-Fruit-Milk Lunch: Spaghetti Green Beans Applesauce Breadstick Milk	<b>13</b> Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Chicken Nuggets Baby Carrots Celery Juice Milk
<b>16</b> Breakfast: Waffle Juice-Fruit-Milk Lunch: Corn Dog Baked Beans Baby Carrots Fruit Milk	<b>17</b> Breakfast: Toast Juice-Fruit-Milk Lunch: Quesadilla Refried Beans Fiesta Corn Juice Milk	<b>18</b> Breakfast: Biscuit Juice-Fruit-Milk Lunch: Cheese Pizza Broccoli Cauliflower Fruit Milk	<b>19</b> Breakfast: Yogurt & Cracker Juice-Fruit-Milk Lunch: Roast Turkey Mashed Potato & Gravy Snow Flake Peas Mixed Fruit Dinner Roll Milk	<b>20</b> Breakfast: Cereal & Toast Juice-Fruit-Milk Lunch: Grilled Chicken on Bun Vegetable Fruit Holiday Treat Milk
<b>23</b> 	<b>24</b> 	<b>25</b> 	<b>26</b> 	<b>27</b> 
<b>30</b> 	<b>31</b> 	<b>1</b>  <p>Bonne Année</p>	<b>2</b> 	<b>3</b> 

### News

Over the last several school years, we've been putting in place a number of changes to make our meal even more nutritious for our customers.

Did you know?

All food sold at school (Not just school meals) Must meet criteria for Whole-grain content, calories, sodium, fat (including saturated fat & trans fat), and total sugar.

Our Wish,  
 For you this holiday season is that you and your loved ones can help to cultivate kindness, empathy, compassion and understanding in you families, your communities and in the world.

